



SOUTH PACIFIC  
HEALTH CLUBS

# SWIM SCHOOL TIMETABLE



SOUTH PACIFIC  
HEALTH CLUBS

## WEEKDAY MORNING CLASSES

|         | MONDAY                |                    | TUESDAY |  | WEDNESDAY |  | THURSDAY              |                    |
|---------|-----------------------|--------------------|---------|--|-----------|--|-----------------------|--------------------|
| 9:00am  |                       |                    |         |  |           |  |                       |                    |
| 9:30am  |                       | Private Lesson     |         |  |           |  | Sea Shell 6-12 Months | Private Lesson     |
| 10:00am | Starfish 24-36 Months | Clownfish Level 2  |         |  |           |  | Coral 12-24 Months    | Sea Dragon Level 1 |
| 10:30am | Coral 12-24 Months    | Sea Dragon Level 1 |         |  |           |  | Starfish 24-36 Months | Clownfish Level 2  |
| 11:00am | Krill 3-6 months      | Adult Intermediate |         |  |           |  | Hermit Crab 3-4 Years | Adult Beginner     |
| 11:30am | Hermit Crab 3-4 Years | Adult Beginner     |         |  |           |  | Inclusive Program     | Adult Beginner     |
| 12:00pm | Sea Shell 6-12 Months |                    |         |  |           |  | Sea Shell 6-12 Months | Inclusive Program  |

## WEEKEND CLASSES

|         | SATURDAY              |                    |                       | SUNDAY                |                       |                       |
|---------|-----------------------|--------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 8:00am  | Starfish 24-36 Months |                    | Sea Turtle Level 4    |                       |                       |                       |
| 8:30am  | Starfish 24-36 Months | Jellyfish Level 3  | Clownfish Level 2     | Coral 12-24 Months    | Sea Dragon Level 1    |                       |
| 9:00am  | Hermit Crab 3-4 Years | Sea Dragon Level 1 | Fairy Penguin Level 5 | Coral 12-24 Months    | Clownfish Level 2     | Jellyfish Level 3     |
| 9:30am  | Coral 12-24 Months    | Clownfish Level 2  | Fairy Penguin Level 5 | Starfish 24-36 Months | Sea Turtle Level 4    | Jellyfish Level 3     |
| 10:00am | Starfish 24-36 Months | Sea Dragon Level 1 | Stingray Level 6      | Krill 3-6 Months      | Fairy Penguin Level 5 | Clownfish Level 2     |
| 10:30am | Sea Shell 6-12 Months | Clownfish Level 2  | Jellyfish Level 3     | Sea Shell 6-12 Months | Sea Dragon Level 1    | Octopus Level 7       |
| 11:00am | Coral 12-24 Months    | Sea Dragon Level 1 | Sea Turtle Level 4    | Sea Shell 6-12 Months | Sea Dragon Level 1    | Sea Turtle Level 4    |
| 11:30am | Hermit Crab 3-4 Years | Octopus Level 7    | Clownfish Level 2     | Hermit Crab 3-4 Years | Jellyfish Level 3     | Fairy Penguin Level 5 |
| 12:00pm | Coral 12-24 Months    | Jellyfish Level 3  | Sea Dragon Level 1    | Hermit Crab 3-4 Years | Stingray Level 6      | Sea Dragon Level 1    |
| 12:30pm |                       | Adult Beginner     |                       |                       |                       | Private Lesson        |
| 1:00pm  |                       | Private Lesson     |                       |                       |                       | Adult Beginner        |
| 1:30pm  |                       | Private Lesson     |                       |                       |                       | Private Lesson        |
| 2:00pm  |                       | Private Lesson     |                       |                       |                       | Adult Beginner        |

# WEEKDAY AFTERNOON CLASSES

|        | MONDAY                |                        | TUESDAY               |                        | WEDNESDAY             |                       |                    | THURSDAY           |                       | FRIDAY                |                    |
|--------|-----------------------|------------------------|-----------------------|------------------------|-----------------------|-----------------------|--------------------|--------------------|-----------------------|-----------------------|--------------------|
| 3:30pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 3:45pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 4:00pm | Private Lesson        |                        | Private Lesson        | Sea Dragon Level 1     |                       |                       | Private Lesson     |                    |                       | Sea Dragon Level 1    | Sea Turtle Level 4 |
| 4:15pm |                       | Sea Dragon Level 1     |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 4:30pm | Jellyfish Level 3     |                        | Clownfish Level 2     | Jellyfish Level 3      | Private Lesson        | Private Lesson        | Sea Turtle Level 4 |                    | Clownfish Level 2     | Fairy Penguin Level 5 | Sea Dragon Level 1 |
| 4:45pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 5:00pm | Fairy Penguin Level 5 | Stingray Level 6       | Stingray Level 6      | Private Lesson         | Fairy Penguin Level 5 | Private Lesson        | Jellyfish Level 3  | Octopus Level 7    | Sea Turtle Level 4    | Private Lesson        | Clownfish Level 2  |
| 5:15pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 5:30pm | Sea Turtle Level 4    | Stingray Level 6       | Fairy Penguin Level 5 | Sea Turtle Level 4     |                       | Fairy Penguin Level 5 | Sea Dragon Level 1 | Stingray Level 6   | Jellyfish Level 3     | Squid Level 8         | Jellyfish Level 3  |
| 5:45pm |                       |                        |                       |                        | Stingray Level 6      |                       |                    |                    |                       |                       |                    |
| 6:00pm | Octopus Level 7       | Swordfish Junior Squad | Jellyfish Level 3     |                        |                       | Adult Beginner        | Clownfish Level 2  | Shark Senior Squad | Fairy Penguin Level 5 | Adult Beginner        | Adult Beginner     |
| 6:15pm |                       |                        |                       | Swordfish Junior Squad | Shark Senior Squad    |                       |                    |                    |                       |                       |                    |
| 6:30pm | Squid Level 8         |                        | Adult Beginner        |                        |                       | Adult Beginner        | Adult Beginner     |                    |                       |                       | Jellyfish Level 3  |
| 6:45pm |                       |                        |                       |                        |                       |                       |                    |                    | Adult Intermediate    |                       |                    |
| 7:00pm |                       |                        |                       |                        |                       |                       |                    | Adult Advanced     |                       |                       | Adult Beginner     |
| 7:15PM |                       |                        |                       | Adult Intermediate     |                       |                       |                    |                    |                       |                       |                    |
| 7:30pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 7:45pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |
| 8:00pm |                       |                        |                       |                        |                       |                       |                    |                    |                       |                       |                    |

## 2026 TERM DATES

**Term 1:** Monday 27th January to Thursday 2nd April (10 weeks)

**Term 2:** Monday 20th April to Sunday 28th July (10 weeks)

**Term 3:** Monday 13th July to 20th September (10 weeks)

**Term 4:** Monday 5th October to Sunday 20th December (11 weeks)

**Please note: there are no lessons on Public Holidays. All classes are subject to change.**

Our classes fill fast! For more information regarding our swim school please contact reception on 9525 4888 or

email [swimschool@southpacifichc.com.au](mailto:swimschool@southpacifichc.com.au)