



SOUTH PACIFIC
HEALTH CLUBS

SWIM SCHOOL TIMETABLE



SOUTH PACIFIC
HEALTH CLUBS

WEEKDAY MORNING CLASSES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:30am		Private Lesson		Sea Shell 6-12 Months Private Lesson
10:00am	Starfish 24-36 Months	Clownfish Level 2		Coral 12-24 Months Sea Dragon Level 1
10:30am	Coral 12-24 Months	Sea Dragon Level 1		Starfish 24-36 Months Clownfish Level 2
11:00am	Krill 3-6 months	Adult Intermediate		Hermit Crab 3-4 Years Adult Beginner
11:30am	Hermit Crab 3-4 Years	Adult Beginner		Inclusive Program Adult Beginner
12:00pm	Sea Shell 6-12 Months			Sea Shell 6-12 Months Inclusive Program

WEEKDAY AFTERNOON CLASSES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30pm					Private Lesson
3:45pm					
4:00pm	Private Lesson	Private Lesson	Sea Dragon Level 1	Private Lesson	Sea Dragon Level 1 Sea Turtle Level 4
4:15pm					
4:30pm	Stingray Level 6	Clownfish Level 2	Jellyfish Level 3	Private Lesson	Sea Turtle Level 4 Squid Level 8 Clownfish Level 2 Fairy Penguin Level 5 Clownfish Level 2
4:45pm		Jellyfish Level 3			
5:00pm	Fairy Penguin Level 5	Stingray Level 6	Private Lesson	Fairy Penguin Level 5	Private Lesson
5:15pm					
5:30pm	Sea Turtle Level 4	Stingray Level 6	Fairy Penguin Level 5	Private Lesson	Fairy Penguin Level 5
5:45pm				Squid Level 8	Sea Dragon Level 1
6:00pm	Octopus Level 7		Adult Beginner	Adult Beginner	Fairy Penguin Level 5 Adult Beginner Sea Dragon Level 1
6:15pm		Swordfish Junior Squad	Squid Level 8		Stingray Level 6 Shark Senior Squad
6:30pm	Squid Level 8			Adult Beginner	
6:45pm					Octopus Level 7
7:00pm		Adult Intermediate	Shark Senior Squad	Swordfish Junior Squad	Adult Advanced
7:15pm					Adult Intermediate
7:30pm		Adult Advanced			
7:45pm			Adult Intermediate		
8:00pm					
8:15pm					

WEEKEND CLASSES

	SATURDAY			SUNDAY		
8:00am	Starfish 24-36 Months		Sea Turtle Level 4			
8:30am	Starfish 24-36 Months	Jellyfish Level 3	Clownfish Level 2	Coral 12-24 Months	Sea Dragon Level 1	Clownfish Level 2
9:00am	Hermit Crab 3-4 Years	Sea Dragon Level 1	Fairy Penguin Level 5	Coral 12-24 Months	Clownfish Level 2	Private Lesson
9:30am	Coral 12-24 Months	Clownfish Level 2	Fairy Penguin Level 5	Starfish 24-36 Months	Sea Turtle Level 4	Jellyfish Level 3
10:00am	Starfish 24-36 Months	Sea Dragon Level 1	Stingray Level 6	Krill 3-6 Months	Fairy Penguin Level 5	Clownfish Level 2
10:30am	Sea Shell 6-12 Months	Clownfish Level 2	Jellyfish Level 3	Sea Shell 6-12 Months	Sea Dragon Level 1	Octopus Level 7
11:00am	Coral 12-24 Months	Sea Turtle Level 4	Sea Dragon Level 1	Sea Shell 6-12 Months	Sea Dragon Level 1	Sea Turtle Level 4
11:30am	Hermit Crab 3-4 Years	Octopus Level 7	Clownfish Level 2	Hermit Crab 3-4 Years	Jellyfish Level 3	Fairy Penguin Level 5
12:00pm	Inclusive Program	Jellyfish Level 3	Sea Dragon Level 1	Hermit Crab 3-4 Years	Stingray Level 6	Sea Dragon Level 1
12:30pm		Adult Beginner				Private Lesson
1:00pm		Adult Beginner				Adult Beginner
1:30pm		Private Lesson				Private Lesson
2:00pm						Private Lesson

2026 TERM DATES

- Term 1:** Monday 27th January to Thursday 2nd April (10 weeks)
- Term 2:** Monday 20th April to Sunday 28th July (10 weeks)
- Term 3:** Monday 13th July to 20th September (10 weeks)
- Term 4:** Monday 5th October to Sunday 20th December (11 weeks)

Please note: there are no lessons on Public Holidays. All classes are subject to change.

Our classes fill fast! For more information regarding our swim school please contact reception at 9525 4888 or email swimschool@southpacifichc.com.au