

UPCOMING EVENTS

ST KILDA

MAR 2026

2

**MARCH
5:30PM**

**VALD TESTING WITH
MELBOURNE SPORTS
PHYSIOTHERAPY**

18

**MARCH
7:00AM**

**ROOFTOP SUNRISE MAT
PILATES
BOOK VIA THE APP**

18

**MARCH
6:00PM**

**ROOFTOP MAT PILATES
BOOK VIA THE APP**

28

MARCH

**OPEN DAY
BRING A FRIEND FOR FREE**

- FREE SAMPLES
- VALD TESTING
- PARTNER SHOWCASE



**SOUTH PACIFIC
HEALTH CLUBS**

