



SOUTH PACIFIC  
HEALTH CLUBS

# SWIM SCHOOL TIMETABLE TERM 2 2025



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HEALTH CLUBS

## Weekday Morning Classes

	MONDAY		TUESDAY	WEDNESDAY	THURSDAY	
9:30am	Sea Dragon Level 1	Private Lesson			Jellyfish Level 3	Private Lesson
10:00am	Starfish 24-36 Months	Private Lesson			Coral 12-24 Months	Private Lesson
10:30am	Coral 12-24 Months	Private Lesson			Starfish 24-36 Months	Private Lesson
11:00am	Krill 3-6 months	Adult Intermediate			Hermit Crab 3-4 Years	Adult Beginner
11:30am	Hermit Crab 3-4 Years	Adult Beginner				Inclusive Program
12:00pm	Sea Shell 6-12 Months	Private Lesson				Inclusive Program

## Weekday Afternoon Classes

	MONDAY		TUESDAY		WEDNESDAY			THURSDAY			FRIDAY	
4:00pm	Clownfish Level 2	Private Lesson	Inclusive Program	Jellyfish Level 3	Private Lesson		Jellyfish Level 3			Sea Dragon Level 1	Sea Dragon Level 1	
4:30pm	Stingray Level 6	Clownfish Level 2	Fairy Penguin Level 5	Jellyfish Level 3	Clownfish Level 2		Sea Turtle Level 4	Private Lesson	Clownfish Level 2	Fairy Penguin Level 5	Private Lesson	
5:00pm	Fairy Penguin Level 5	Jellyfish Level 3	Stingray Level 6	Private Lesson	Fairy Penguin Level 5	Private Lesson	Private Lesson	Octopus Level 7	Sea Turtle Level 4	Sea Turtle Level 4	Clownfish Level 2	
5:30pm	Sea Turtle Level 4	Fairy Penguin Level 5	Fairy Penguin Level 5	Private Lesson	Fairy Penguin Level 5	Squid Level 8	Private Lesson	Stingray Level 6	Jellyfish Level 3		Private Lesson	
6:00pm	Octopus Level 7	Swordfish Junior Squad	Squid Level 8	Swordfish Junior Squad	Dolphin Middle Squad	Shark Senior Squad	Adult Squad	Shark Senior Squad	Octopus Level 7		Sea Dragon Level 1	
6:30pm	Squid Level 8		Private Lesson						Fairy Penguin Level 5		Jellyfish Level 3	
7:00pm		Adult Intermediate	Adult Squad (1 hour)	Adult Beginner	Adult Beginner	Adult Intermediate	Adult Intermediate	Adult Advanced				
7:30pm		Adult Advanced		Adult Intermediate	Adult Intermediate		Adult Beginner	Adult Intermediate				

## Weekend Classes

	SATURDAY			SUNDAY		
8:00am	Starfish 24-36 Months		Sea Turtle Level 4			
8:30am	Starfish 24-36 Months	Jellyfish Level 3	Clownfish Level 2	Sea Dragon Level 1	Sea Turtle Level 4	Clownfish Level 2
9:00am	Hermit Crab 3-4 Years	Sea Dragon Level 1	Jellyfish Level 3	Coral 12-24 Months	Clownfish Level 2	Private Lesson
9:30am	Coral 12-24 Months	Clownfish Level 2	Fairy Penguin Level 5	Starfish 24-36 Months	Clownfish Level 2	Jellyfish Level 3
10:00am	Starfish 24-36 Months	Sea Dragon Level 1	Stingray Level 6	Krill 3-6 Months	Fairy Penguin Level 5	Clownfish Level 2
10:30am	Sea Shell 6-12 Months	Clownfish Level 2	Jellyfish Level 3	Sea Shell 6-12 Months	Sea Dragon Level 1	Octopus Level 7
11:00am	Coral 12-24 Months	Sea Turtle (Level 4)	Sea Dragon Level 1	Starfish 24-36 Months	Fairy Penguin Level 5	Sea Turtle Level 4
11:30am	Hermit Crab 3-4 Years	Stingray Level 6	Jellyfish Level 3	Hermit Crab 3-4 Years	Clownfish Level 2	Clownfish Level 2
12:00pm	Inclusive Program			Sea Dragon (Level 1)	Stingray Level 6	Jellyfish Level 3
12:30pm		Adult Beginner			Private Lesson	Private Lesson
1:00pm		Private Lesson		Private Lesson		Adult Beginner
1:30pm		Private Lesson		Adult Beginner		Private Lesson
2:00pm		Private Lesson		Adult Intermediate		Private Lesson
2:30pm		Private Lesson		Private Lesson		Private Lesson
3:00pm		Private Lesson		Private Lesson		Private Lesson

Krill 3-6 Months	Sea Shell 6-12 Months	Coral 12-24 Months	Starfish 24-36 Months	Hermit Crab 3-4 Years		Inclusive Program	Private Lessons
Sea Dragon (Level 1)	Clownfish (Level 2)	Jellyfish (Level 3)	Sea Turtle (Level 4)	Fairy Penguin (Level 5)	Stingray (Level 6)	Octopus (Level 7)	Squid (Level 8)
Adult Beginner	Adult Intermediate	Adult Advanced	Adult Squad (1 hour)		Swordfish Junior Squad (1H)	Dolphin Middle Squad (1H)	Shark Senior Squad (1H)

**Term 1:** Monday 28th January to Sunday 6<sup>th</sup> April (10 weeks)

**Term 2:** Monday 22nd April to Sunday 6<sup>th</sup> July (11 weeks)

**Term 3:** Monday 21<sup>st</sup> July to 21<sup>st</sup> September (9 weeks)

**Term 4:** Monday 6<sup>th</sup> October to Sunday 21<sup>st</sup> December (11 weeks)

**Please note: there are no lessons on Public Holidays. All classes are subject to change.**

Our classes fill fast! For more information regarding our swim school please contact reception at 9525 4888 or email [swimschool@southpacifichc.com.au](mailto:swimschool@southpacifichc.com.au)



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