

# WORLD CLASS PERSONAL TRAINER

Join the team as an employed Level 1 Personal Trainer following our Personal Trainer career progression.

You'll be mentored by your Fitness Manager to teach you everything you need to know about Personal Training.

Once you've successfully completed the Level 1 Personal Trainer phase you will progress to a Level 2 Personal Trainer position where you will be paid more and have greater flexibility about when, and how many hours you work.

Your success is highly important to us; we'll invest in developing & upskilling you to the point where you could run your own Personal Training business. You'll be nurtured to become a part of our long-term vision of creating the best team of Personal Trainers possible.

## Who are you?

- You're passionate about exercise, nutrition, and optimizing health.
- You have a desire to grow, learn & develop.
- You want a long-term career in the fitness industry.

## Key work duties:

- Providing a results-focused personal training service in a 1:1, 2:1 & semi-private setting.
- Running group fitness classes (Circuit, HIIT, Bootcamp, etc).
- Inducting members into the gym.
- Consulting members on their goals, training, nutrition & lifestyle.
- Constructing & delivering personalized training programs.

## Benefits & Perks:

- Free upskilling courses (kettlebell training, boxing, Myofascial release, & more).
- Free access to all 8 of South Pacific's state-of-the-art clubs.

- Ongoing professional development & upskilling.
- Unlimited income potential.
- You get to be a part of a fun work environment that doesn't feel like "work".

## Skills, Experience, and Pre-Requisites:

- You must practice what you preach (show us that you're passionate about health & fitness yourself).
- Have a growth mindset, willingness to learn and develop.
- Experience is preferential, but not necessary.
- Cert 4 minimum (or equivalent i.e.; exercise/sport science degree).
- First aid and CPR Certificates.
- Registration with Fitness Australia.
- Working with children check.

## About the Business:

Working hard within the industry for 2 decades, our proven record was achieved by winning Victorian Fitness Business of the Year - three times running. We are, and continue to be an intricate part of the industry since our inception, and are a business that promotes a positive and nurturing environment, not only for our staff but also our members.

Our clubs pride themselves on providing a fitness experience second to none. A modern, functional gym facility is complimented by 50+ classes per week including Small Group Training, Spin, Yoga, Reformer Pilates, HIIT, Circuit, & Strength classes, Sauna's, and great Bay locations.

Interested? Hit the Apply button to send your resume and cover letter to Zach Shepherd, Regional Fitness Manager.

**APPLY NOW**



**SOUTH PACIFIC  
HEALTH CLUBS**