



# MELBOURNE CUP DAY

**TUESDAY 5TH NOVEMBER**

**9:15AM BODYCOMBAT**  
**9:15AM POWER CIRCUIT**  
**10:15AM BODYBALANCE**  
**STAFFED HOURS 8AM – 5PM**

## WILLIAMSTOWN

Normal Trading Hours & Classes will resume on  
Wednesday 6th November. All members have access to  
South Pacific Health Clubs St Kilda Sea Baths on Public Holidays.



SOUTH PACIFIC  
HEALTH CLUBS