



MELBOURNE CUP DAY

TUESDAY 5TH NOVEMBER

9:30AM BODYPUMP

9:30AM REFORMER (B > I)

10:30AM SPIN

10:30AM VINYASA YOGA

10:30AM WARRIOR WORKOUT

STAFFED HOURS 8AM – 5PM

ST KILDA

Normal Trading Hours & Classes will resume on
Wednesday 6th November.



**SOUTH PACIFIC
HEALTH CLUBS**