



MELBOURNE CUP DAY

TUESDAY 5TH NOVEMBER

OPEN
24/7

9.20AM BODYPUMP
10.30AM BODYBALANCE
STAFFED HOURS 9AM – 12 NOON

MENTONE

Normal Trading Hours & Classes will resume on
Wednesday 6th November. All members have access to
South Pacific Health Clubs St Kilda Sea Baths on Public Holidays.



SOUTH PACIFIC
HEALTH CLUBS