

**SOUTH PACIFIC HEALTH CLUBS
– MENTONE –**

**WE TRAIN
OVER EASTER**

**OPEN
24
HOURS**

GOOD FRIDAY

19th April Unstaffed

6.00am VIRTUAL CYCLE
6.30am VIRTUAL CYCLE
8.30am VIRTUAL CYCLE
9.30am BODYPUMP
10.30am VIRTUAL CYCLE
10.30am REFORMER OPEN
10.30am VIRTUAL CYCLE
12.00pm VIRTUAL CYCLE

EASTER SATURDAY

20th April 9am – 12pm

9.00am BODYPUMP
9.30am VIRTUAL CYCLE
10.00am YIN YOGA
11.00am VIRTUAL CYCLE
4.30pm VIRTUAL CYCLE

EASTER SUNDAY

21st April Unstaffed

11.00am VIRTUAL CYCLE
4.30pm VIRTUAL CYCLE

EASTER MONDAY

22nd April 9am – 12pm

6.00am VIRTUAL CYCLE
8.30am VIRTUAL CYCLE
9.30am BODYPUMP
10.30am BODYBALANCE
10.30am VIRTUAL CYCLE
12.00pm VIRTUAL CYCLE
7.00pm VIRTUAL CYCLE

ANZAC DAY THURSDAY

25th April Unstaffed

9.30am VIRTUAL CYCLE
10.30am VIRTUAL CYCLE
1.00pm VIRTUAL CYCLE
7.00pm VIRTUAL CYCLE

Normal Staffed Hours and Classes will run on
Tuesday the 23rd and Wednesday the 24th.

All members have access to South Pacific Health Clubs
St Kilda Sea Baths on Public Holidays.



**SOUTH PACIFIC
HEALTH CLUBS**