

SOUTH PACIFIC HEALTH CLUBS
— CHADSTONE —

WE TRAIN OVER EASTER

GOOD FRIDAY

19th April Unstaffed

9:30am BODYPUMP
10:30am BODYBALANCE

EASTER SATURDAY

20th April 8am – 5pm

8:00am RPM &
REFORMER OPEN
9:00am BODYPUMP
10:15am CXWORX
10:30am REFORMER OPEN
10:45am BODYCOMBAT
11:30am YOGA VINYASA

EASTER SUNDAY

21st April Unstaffed

9:00am BODYPUMP
10:00am BODYCOMBAT

EASTER MONDAY

22nd April Unstaffed

9:30am CXWORX
10:00am BODYCOMBAT

ANZAC DAY THURSDAY

25th April Unstaffed

1:00pm RPM

Bring a friend or family member in to this class for a gold coin donation to raise funds for the ANZAC Appeal.

7:00pm BODYPUMP

7:00pm REFORMER

OPEN
24
HOURS

Normal Staffed Hours and Classes will run on
Tuesday the 23rd and Wednesday the 24th.
Virtual Cycling classes will continue as normal.

All members have access to South Pacific Health Clubs
St Kilda Sea Baths on Public Holidays.



SOUTH PACIFIC
HEALTH CLUBS