

**SOUTH PACIFIC HEALTH CLUBS
— WILLIAMSTOWN —**

**WE TRAIN ON
LABOUR DAY**

**—
MONDAY 11TH MARCH
(CRÈCHE IS CLOSED)**

OPEN 8AM — 5PM

9:15am BODY PUMP

9:15am PILATES REFORMER

9:15am POWER CIRCUIT

10:15am PILATES REFORMER

11:30am YOGA

Normal Trading Hours and Classes will resume
on Tuesday 12th March.

All members have access to South Pacific Health Clubs
St Kilda Sea Baths on Public Holidays.



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HEALTH CLUBS**