

SOUTH PACIFIC HEALTH CLUBS
— ST KILDA —

WE TRAIN ON LABOUR DAY

—
MONDAY 11TH MARCH

OPEN 8AM — 5PM

8:30am ALTITUDE SOUTHPAW
(Bookings Essential*)

9:30am REFORMER PILATES (OPEN)

9:30am SPIN STRONG

10:30am BODY PUMP

12:30am ACTIVE ADULTS

* Please book at reception

Normal Trading Hours and Classes will resume
on Tuesday 12th March.



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