

**SOUTH PACIFIC HEALTH CLUBS
— CHADSTONE —**

WE TRAIN ON LABOUR DAY

**—
MONDAY 11TH MARCH**

UNSTAFFED

6:05am VIRTUAL CYCLE

7:00am VIRTUAL CYCLE

9:30am CXWORX

9:30am REFORMER INT

9:30am VIRTUAL CYCLE

10:00am BODYCOMBAT

12:30pm VIRTUAL CYCLE

12:30pm REFORMER INT

6:00pm VIRTUAL CYCLE

6:30pm VIRTUAL CYCLE

**OPEN
24
HOURS**

Normal Trading Hours and Classes will resume
on Tuesday 12th March.

All members have access to South Pacific Health Clubs
St Kilda Sea Baths on Public Holidays.



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HEALTH CLUBS**