

— MONDAY 28TH JANUARY —

AUSTRALIA DAY PUBLIC HOLIDAY

STAFFED 9AM - 5PM

6:05am
VIRTUAL CYCLE

7am VIRTUAL CYCLE

9:30am CXWORX

9:30am REFORMER
PILATES (INT)

9:30am
VIRTUAL CYCLE

10am
BODYCOMBAT EXP

12:30pm
VIRTUAL CYCLE

12:30pm
REFORMER PILATES
(INT)

6pm VIRTUAL CYCLE

6:30pm
VIRTUAL CYCLE

All members have access to South Pacific Health Clubs
St Kilda Sea Baths on Public Holidays.

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SOUTH PACIFIC
HEALTH CLUBS